# **British Sprint Championships 2024**

## Sunday, June 23<sup>rd</sup> University of Warwick – Coventry Final Event Details (v3.1 21/06/24)

British Orienteering and Octavian Droobers welcome you to the British Sprint Championships. This is a two-race event with a qualification race in the morning followed by a finals race in the afternoon. Your result from the morning race will give you your start position for the finals.

#### **Event Officials**

Organiser – Phil Kirk OD Planner – Bruce Bryant OD Controller – Jeff Baker LOG Assistant Controller – Jane Kayley-Burgess DVO Jury Neville Baker TVOC Ranald Macdonald DVO Alan Rosen HH

#### Event Entry Entries are now closed

Entries opened on Sunday 4th February and closed on Sunday 9<sup>th</sup> June. Only members of British Orienteering who are British citizens are eligible for Championship prizes. (for the full competition and eligibility rules <u>Click Here</u> to download pdf)

There is no entry on the day for championship courses but non-championship courses will be available for entry on the day (yellow and orange standard) at £10 for each entry.

For the cancellation procedure and refund policy see <u>Cancellation Policy & Procedure</u>

#### **Email contact information**

For general enquiries:Sprint CoordinatorFor entry enquiries:Sprint Entries

#### **ESSENTIAL INFORMATION ABOUT THIS EVENT..... READ THIS IF NOTHING ELSE**

- 1. Pay for parking before you arrive using the APCOA website or pay by card at Arts Centre.
- 2. Bus 12X from Coventry railway station leaves every half hour. Journey time 12 minutes.
- 3. Collect bibs before run from Oculus building–up to 950m from parking 350m from bus stop
- 4. You must wear a bib to be able to run
- 5. Morning Far Start for M16/W16 to M70/W65 is **<u>1250m or 20mins</u>** from Oculus.
- 6. Morning Near Start for M10-14/W10-14 & M75-85+/W70-80+ is 400m from Oculus.
- 7. Please note your **bib number and Qualifier start time** before you arrive to help us out.

#### 19<sup>th</sup> June update:

Following the occupation of one of the buildings in the University central campus last weekend by the protest group 'Warwick Stands with Palestine' we have lost 10 control sites that were used by all the Finals courses. The lost control sites were in the middle section of courses so we have had to cut the length of most Finals courses by up to a third. Winning times for these shortened courses are likely to be 8-10 minutes!

Qualifier courses are unaffected.

We have worked closely with University Security to ensure that the out of bounds areas established will keep everyone safe. Please respect the OOB areas that are shown on the maps.

This week we have replanned the courses and reprinted the maps for all Finals courses. M/W18 & 20 ' A ' Finalists have changed courses but all other classes remain on the same courses.

This has all been made possible this week by a mighty effort by Bruce Bryant, our planner and mapper. We are grateful to British Orienteering for meeting the extra costs involved.

We hope you will understand the situation and that it will not detract from your enjoyment of the event. The alternatives were postponement to an unknown date in the future or cancellation. We considered shortened Finals courses as the best option.

Phil Kirk, Organiser

#### Timings

- 08.00 Car park opens
- 09.00 Welcome desk, bib collection, SIAC collection/hire, trophy return, bag drop opens
- 09.00 Café opens (until 13.30)
- 10.30 First start qualification race
- 12.00 Last start qualification race
- 14.00 First start finals
- 15.30 Last start finals.
- 15:30 Map Reclaim
- 15.50 Prizegiving for the UKOL 2023 season
- 16.15 Medal ceremony for the British Sprint Championships 2024
- 17.00 Bag drop closes

#### Travel

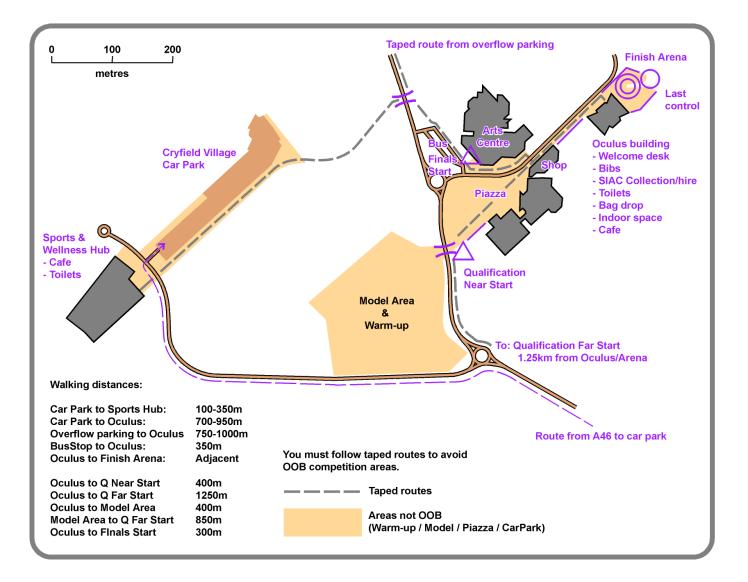
By public transport – from Coventry railway station use the 12X bus service direct to the central campus. Bus times are 27 and 57 minutes past the hour to the university and 05, 25 and 45 minutes past the hour to the railway station. Travel time is 12 minutes.

By car - when on campus, please ignore all the yellow open day parking signs of which there are many & follow the "Sports & Wellness Hub" signs and yellow "Event" signage to the Cryfield Village car park, opposite the Sports & Wellness Hub on the NE side of Leighfield Rd. Postcode: CV4 7EU (note that the location may be incorrect on some Satnavs) OS Grid Ref: SP 294 756 Google Maps: Link What3Words: ///plants.wipes.state StreetMap: Link

Parking is £2 all day. **Pay in advance online** using the <u>APCOA website</u> or **on the day by card at a machine in the Arts Centre.** Small campervans will be able to park at this car park. No overnight parking is available.

On the exit from the NE end of the car park, there will be a taped route marking the permitted route from the parking, passing the bus stop and Arts Centre to get to the Oculus building / Arena. Do not stray from this route as you will be entering OOB competition areas and be liable to disqualification from the competition.

**Please share transport if possible.** Whilst Cryfield Village car park has space for over 500 vehicles, we do not have exclusive use of this car park so with an entry of 850 competitors it is likely to get busy. If full, overflow parking will be available – please follow instructions from our car park officials. Overflow parking will be a similar distance from the Arena. To get from overflow parking to the Arena you must follow event tapes to join the taped route from the main car park. **There will be no return to the overflow car park until after your Finals run.** 



#### **Facilities & Toilets**

Toilets are available at the Sports and Wellness Hub (opposite the car park entrance when you arrive), within the Arts Centre (which you pass between the car park and Arena) and in the Oculus building close to the Arena / Finish. There are no toilets at any of the starts.

There are numerous cafes in the Piazza, a convenience store opposite the Arts Centre and a restaurant inside the Arts Centre. You may want to book if you want to use this restaurant between the 2 races. <u>Benugo Bar and Kitchen</u>

The University is opening a small café within the Oculus building for us serving hot & cold drinks, snacks, toasties, and cakes. Please support this.

#### WiFi

Free WiFi is available in most areas of the campus under 'Warwick Guest'.

#### Dogs

Dogs on leads are welcome on campus but not inside buildings.

#### **First Aid**

First Aid will be provided within the Oculus building. Emergencies will be directed to A & E. The nearest A & E is at University Hospital, Clifford Bridge Rd, Coventry CV2 2DX – 9 miles from campus.

#### Arena and Finish

The Finish Arena is based in an open area to the East of the Oculus building. The welcome desk, bib collection, SIAC collection/hire and secure bag drop will be within the Oculus building. The welcome desk will be open from 09.00.

## Bibs

Bibs must be collected from the Oculus building. All competitors must wear their individually numbered bibs when running. All competitors are encouraged to fill out the reverse side with their name and emergency contact number and any medical conditions they wish to declare.

**M/W 18, 20 & Open competitors who qualify for the A Final** will be given a coloured finals race bib which must be collected after the finals start list is published but please keep your morning bib to collect your bag.

#### **Bag and Car Key Drop**

A secure bag and car key drop will be located within the Oculus building. **Please collect your bib prior to visiting the bag drop** as your bib number will be your bag/key number too.

#### **Club Flags**

Please bring your club flag to decorate the arena. It can be fixed to railings near the finish. There is plenty of space and seating within the Oculus building and terraced seating outside for your club to 'set up camp'. Due to University restrictions club tents are not allowed.

#### **Start Times**

#### Morning Qualification:

Start times for the morning qualification race are available on the SIEntries website – <u>https://www.sientries.co.uk/list.php?event\_id=13006</u>.

- Start times will run from 10.30 to 12.00 in age class/gender blocks.
- Age classes 18 & over will have seeded start times based on the 2024 BOF ranking list when start times are allocated. Highest-ranked competitors will start last.
- **M/W Open** classes only will be split into three heats (a, b and c)
- Junior classes 16 & under will have randomly allocated start times within a start block.

# <u>Please note the distance from the Arena to the Qualification Far Start is 1250m (allow 20mins)</u>

#### Afternoon Finals:

Start times for the afternoon finals (and full results) will be published online <u>here</u> and a printed finals start list will be displayed in the arena area.

We aim to start the finals from 14.00 with the last runners starting around 15:30

A chart showing the planned start blocks for the finals has been added at the end of this document.

## A and B Finals

There are A and B Finals so that everyone has the opportunity to take part in two races during the day.

Your result in the morning Qualification race will determine if you are in the A or B Final in the afternoon as follows (simplified here) -

M/W Open - the top third will be in the A Final and the remainder in the B Final.

M/W 18 & 20 – the top half will be in the A Final and the remainder in the B Final.

All Other Classes – classes with 15 or more entrants are divided in two with the top half in the A Final and the rest in the B Final. If there are less than 15 entrants, they will have just a single (A) Final, however, entrants who fail to complete their Qualification race will be ineligible for a medal.

The fastest runners in the Qualification race will start last in the Finals.

## Starts

**All starts will be a quiet zone.** Should you wish to start in an area away from the general field please contact the organiser or fill in the special requests box when entering on SiEntries.

## The start procedure is as follows -

Check your SIAC battery at the battery test station just outside the Oculus building before going to your start.

It is a **TIMED START** for all competitors. It is your responsibility to get to the pre-start on time (start time minus 5 minutes). <u>Please note the distance from the Arena to the Qualification</u> <u>Far Start is 1250m (allow 20 mins)</u>

Clear your SI card at the clear station at your pre-start. Check your course number.

At -5 line – bib & SI card check cleared, move to -4 line or straight into -4 box as directed At -4 box – bib & SI card check

At -3 box – stand by your course number label & pick up control descriptions from the table

At -2 box – stand by your course number label where your scale blank maps can be studied

At -1 box – stand by your course map box.

At -10 secs take hold of the corner of **one** map.

At zero – GO!

## Late Starters

If you miss your call-up time the start official will allow you to enter the pre-start at -5 and proceed to the late start lane at -4. When there, if you are less than 4 minutes late, you will be slotted into your appropriate pre-start box and continue as normal after bib & SI checked. If you are later than your start time you must stay in the late start lane & have bib & SI checked. If you are at the late start line less than 30 seconds after your start time you will punch a start box (not contactless) and go immediately. Your map will be handed to you.

If you are more than 30 seconds after your start time you will punch and start at the next available half minute. Your map will be handed to you.

It is your responsibility to check you have been given the correct map.

When late you will punch a start box but you will be timed as if you had started at your correct start time. If you believe your lateness is not your fault, you can complete a complaint form at the welcome desk for consideration by the organiser.

#### Punching

The event will use SIAC contactless punching. All controls will be contactless as well as the finish control. The start will be a timed start. It is the competitor's responsibility to ensure that their unit has registered at each control and the finish. A limited number of SIACs will be available for hire from the welcome desk on the day at £3.50. Two SIAC battery tests will be placed just outside the Oculus building on the way to all starts. A fast beep means the battery is low but should last the day. No beep means a flat battery so go back to the welcome desk, swap your SIAC for a hired one and pay for it between races. A SIAC with a flat battery will still register at the controls if you punch conventionally. The SIAC battery tests are also sample controls.

All controls will have a backup pin punch. In the unlikely occurrence of an SI box failure use this to punch your map. There are 3 reserve punch boxes along the bottom edge of the map.

#### Controls

The majority of controls will use an SI box screwed to a metal plate and then grippled to the control feature. Access to the SI box will be clear for anyone not using SIAC and the control code will be clearly visible on the SI box. The banner and backup punch will be hung adjacent to the SI box from the gripple wire. A few controls – such as the last control – will have the SI box conventionally mounted on the top of a yellow fibre-glass stake. Sample controls of both types will be used for the SIAC battery test close to the Oculus building.

#### **Model Course**

A model course will be provided in the residential area of Cryfield. This is very close to the Qualification Near Start and on the route to the Far Start. **To get to/from the model area you need to cross a busy road via a light-controlled crossing**.

Model maps will be available between 10:00 – 12:00 from a collection point by the Near Start. After 12:30 these maps will be returned to the Welcome Desk in the Oculus building.

On the model area, controls have no code and will only be marked with a control banner. SI boxes will not be used. The model area can also be used as a warm-up area.

#### Legend

The Qualification and Model area maps have a partial legend showing the OOB, Trees and Special Symbols. Finals maps only show the Special symbols.

A Model map PDF with the partial legend can be downloaded <u>here</u>. Controls located on examples of special symbols will be used for model course controls (see **Map notes** for more detail and photo links).

Full legends will be available in the Oculus building.

#### **Map Reclaim**

All maps will be collected after download and - as morning and afternoon competition areas overlap - will not be available for reclaim until after the last Finals Start at 15:30

#### **Trophies and Medals**

The trophy and medal ceremony will follow as soon as possible after the results are finalised. There will be a trophy awarded to both the winning man and woman in the Open A Final. There will be medals awarded to the first, second and third-placed competitors in each age class A Final.

Would trophy winners in Armagh please return them to the welcome desk on the day or - if not entering this year - to the Organiser before the event.

#### **UKOL 2023 Season Prize Giving**

Martin Ward will be presenting prizes for the UKOL 2023 season just before the Sprints medals are presented.

#### Safety and Risk

A risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event. If you have a high-risk medical condition that you want organisers to be aware of please fill out the reverse side of your bib with your name, emergency contact number and any medical information you want to declare.

An emergency number for the day is printed on the map. First aid and details of the nearest A&E hospital will be available in the Oculus building.

**Covid** Please do not come to this event if you have symptoms of Covid-19, or suspect you may have it.

#### Photography

British Orienteering has an agreed national guidance policy on the taking of photographs at events. If you are unsure about the agreed acceptable practice, please speak to the event organiser.

Robert Lines will be taking photographs on behalf of British Orienteering and Octavian Droobers. If you do not want your or your child's photograph to appear in published material please contact the organiser.

#### Privacy & Personal Data

When entering this event your personal details (name, age, gender, club) will appear in the results section on the website. It may also be used to trace missing runners and hired SIAC cards.

#### **British Orienteering Competitor Feedback Form**

After the event we will be sending all entry email addresses a link to an online form to get as many competitors' feedback as possible. This is a trial and the intention is to use this for all Major Events in the future.

#### Map notes (v04/06/24)

The map is drawn to ISSprOM 2019-2 (rev. 6 - Jan 2024) at 1:4000. Some older and junior courses have an enlargement to 1:3000. The contour interval is 2 metres.

The previous map from 2019 can be found <u>here</u>. It has been substantially revised and redrawn...

### Out of Bounds and Forbidden to Cross:

- Purple crosshatch denotes temporary Out of Bounds specifically for this event.
- "Olive Green" denotes private or cultivated areas.
- High walls, high fences and impassable hedges. The standard ISSprOM Black or Dark Green symbols are used, **do not attempt to cross these features**.
- In a few locations where competitors may be tempted to cross OOB, tapes will be used.
  Do not cross any tapes.

#### Trees:

There are over 1500 individually mapped trees on this part of the campus...

The trees vary in size from smaller saplings (not mapped) to very mature trees with a trunk diameter of over 1m.

- Many individual trees are well-established and are mapped with the *Prominent Large Tree* symbol (417) – a green circle with white underneath. A white "canopy" is usually combined with this symbol and helps to show the relative size of these trees as well as the extent of the tree canopy.
- Individual smaller trees, are mapped with the *Prominent Bush or Small Tree* symbol (418) a green circle with a white dot. Where relevant a white canopy has been added.
- There are some copses of about 3-5 large trees. Even if the tree canopies overlap, they are typically mapped as individual trees with a joining white tree canopy.
- There are a few examples of trees with branches close to ground level. These are mapped using either walk or fight green with veg. boundary dots and if used as a control site described as either a Veg. Boundary or Thicket.
- Larger wooded areas are mapped as usual to show runnability with only prominent trees mapped and any undergrowth if applicable in white areas.

## Special symbols:

- Black circles are seats. These are drawn with a paved area infill as they typically sit on a small paved area.
- A black X denotes a prominent sign or post. Mapped signs are totem signs or woodland signs. The mapped posts are prominent barbeque points. <u>Photo 1</u>, <u>Photo 2</u>
- A black circle with a central black dot denotes a Sculpture or other artwork. <u>*Photo*</u>
- Grey (black 60%) lines denote prominent concrete benches which are usually >50cm high but can be easily run around or over. This symbol is very similar to the old ISSOM 2007 passable wall symbol. <u>Photo</u>
- Wooden recycling "buildings" are mapped using a high wall symbol with a grey canopy infill. In control descriptions, they are a building. <u>*Photo*</u>
- On the model area (only) a similar symbol is used for bike "sheds".

### Terrain and Course Notes (v19/06/24)

Terrain comprises both residential and teaching areas of a large university campus. The area is relatively flat and courses have climb of about 1% (10m / km). Underfoot is typically either short grass or paved surfaces. There are some small areas of rougher open – brambles and nettles, mapped with undergrowth green stripes - which can easily be avoided.

The amount of grass running will depend on route choice but will be at least 50% on most courses, particularly in the residential areas. You probably want to choose shoes with some grip if the grass areas are likely to be slippery or muddy.

The campus has a 20-mph speed limit and only one public road passes through the competition area. Where crossed by Finals courses, this road is one-way for vehicles but 2-way for cycles. Pedestrian crossings - where vehicles should give way - are marked on the map with the Crossing Point symbol. Use of crossing points is optional except for courses F19 / FY (Yellow) which have a compulsory crossing point adjacent to the Arena.

There are other access roads used by service/security vehicles and cycles so competitors need to be aware of moving vehicles and cycles anywhere on the campus. As the event is the Sunday before the end of term there may also be some other vehicles in the residential areas with students leaving for the summer vacation. On some courses, there are also a couple of car parks that you may choose to cross.

The competition area can be divided into 4 areas:

- Gibbet Hill campus Teaching area
- Gibbet Hill and Tocil Woods
- South and East Campus Residential area
- Central Campus Teaching area

All Qualification courses use the residential areas of the South Campus.

Qualification courses from the Far Start (Q1-8 and Q11-14) begin on the Gibbet Hill campus. To return to the main campus these courses have a route through Tocil Woods (OOB for orienteering off the main path) where competitors go downhill on a shared 3m wide cycle/pedestrian path. There are a pair of controls before the path route, take care to punch the correct control. After ~200m - at the end of the woods - you cross a bridge and can navigate off the path.

Finals courses use the Central Campus, F1 and F2 extend into the Eastern Campus (crossing the road out and back) and all finish - after crossing the road - with a short section in the South Campus.

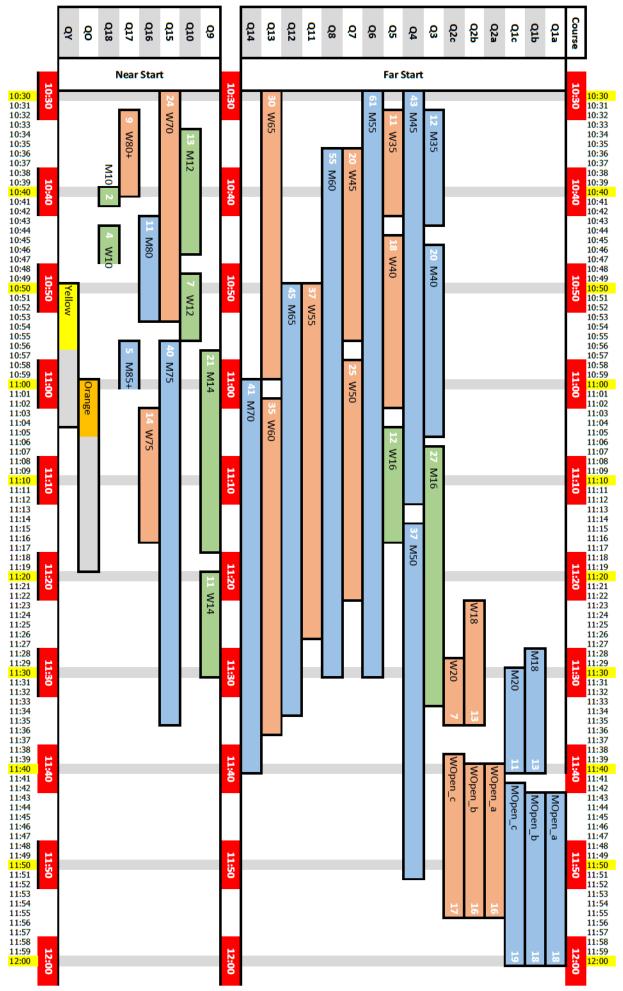
A watercourse runs from NW to SE through the campus. Whilst the water level is generally low in the summer the stream is relatively wide and - in many areas - the banks are bramblecovered. Courses have been planned so there is no need to cross this stream.

# **Qualification: Course / Class combinations:**

Distances are by the optimum route as measured by OCAD Route Analyzer 2.0 *Revised 29/05/24 and separated between Far and Near starts.* 

Class M	Class W	km	m	с	Scale	Course	Start	
MOpen_a		4.02	46	24		Q1a		
M18 MOpen_b		4.02	46	23	4000	Q1b		
M20 MOpen_c		4.01	44	23		Q1c		
	WOpen_a	3.62	36	25		Q2a		
	W18 WOpen_b	3.62	40	25	4000	Q2b		
	W20 WOpen_c	3.61	38	25		Q2c		
M16 M35 M40		3.36	32	21	4000	Q3		
M45 M50		3.13	34	21	4000	<b>Q</b> 4	Far	
	W16 W35 W40	2.87	32	20	4000	Q5	Start	
M55		2.87	30	20	4000	Q6		
	W45 W50	2.69	30	17	4000	Q7		
M60		2.82	28	18	4000	Q8		
	W55	2.51	30	18	3000	Q11		
M65		2.55	28	19	3000	Q12		
	W60 W65	2.47	28	18	3000	Q13		
M70		2.41	28	19	3000	Q14		
		-						
M14	W14	2.50	26	18	4000	Q9		
M12	W12	2.24	24	17	4000	Q10		
M75	W70	1.93	20	16	3000	Q15	Near Start	
M80	W75	1.72	14	15	3000	Q16		
M85+	W80+	1.43	14	12	3000	Q17		
M10	W10	1.38	12	17	3000	Q18		
Orange		2.56	26	21	3000	QO		
Yellow		1.38	12	17	3000	QY		

#### **Qualification: Start blocks**



#### Finals: Course / Class combinations:

Distances are by the optimum route as measured by OCAD Route Analyzer 2.0 19/06/24: Classes revised (change of course for M/W 18 & 20 A finals). Course lengths revised for all courses. Apart from F1 and F2, courses are now about 2/3 distance & winning times will likely be between 8 and 10 minutes.

A Classes	B Classes	km	m	с	Scale	Course
M18A M20A MOpenA		3.91	36	29	4000	F1
W18A W20A WOpenA		3.52	32	27	4000	F2
M16A M35A M40A	MOpenB	2.26	22	19	4000	F3
M45A M50A W35A		2.18	24	18	4000	F4
M14A W16A W40A	M18B M20B WOpenB	2.23	22	17	4000	F5
M55A	M16B M40B W18B W20B	2.33	20	19	4000	F6
M60A	M45B M50B	2.31	24	18	4000	F7
W45A W50A	M55B	2.20	24	18	4000	F8
M12A W12A W14A	M14B	1.96	20	19	4000	F9
M65A	M60B	2.27	24	18	3000	F10
W55A	W40B W45B	2.09	20	18	3000	F11
M70A		1.72	20	17	3000	F12
W60A W65A	W50B	1.71	20	17	3000	F13
M75A	W55B	1.61	16	16	3000	F14
W70A	M65B	1.59	18	16	3000	F15
M80A	M70B M75B	1.43	12	14	3000	F16
W75A	W60B W65B	1.39	14	14	3000	F17
M85+ W80+	W70B	1.20	12	14	3000	F18
M10 W10		1.08	8	15	3000	F19
Orange		1.53	18	15	3000	FO
Yellow		1.08	8	15	3000	FY

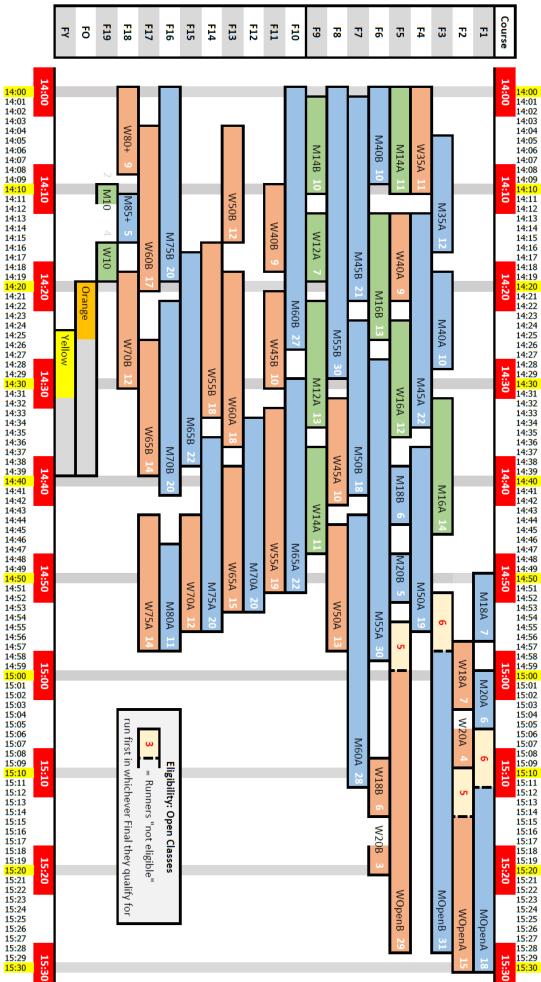
Course where winning time likely to be 8-10 minutes

#### SI website with Qualification results, Finals start and results:

https://www.sportident.co.uk/results/BOC/2024/BritishSprint/



This QR code will also be on your Qualification race splits printout



#### **Finals: Start block chart**